



Government of the District of Columbia  
Department of Parks and Recreation

**DC SENIOR GAMES 2017  
ENTRY APPLICATION**

**DATES: MAY 1st through MAY 15th, 2017**

**Opening Ceremony Monday, May 1, 2017**

**Closing Ceremony Monday, May 15, 2017**

Checks/Money orders Only  
Make Checks Payable To:

**DC TREASURER**

Mail To:

DC Senior Games 2017  
DC Parks and Recreation  
Senior Services Division  
1480 Girard Street N.W.  
Suite 420  
Washington, DC 20009

APPLICATION: Registration fee is \$40.00 per athlete (includes participation in sporting event(s) BOWLING FEES not included) and official tee shirt. All entrants must complete official registration form online, by mail or in person at one of our walk in registration centers.

FOR ACCOMMODATIONS FOR PARTICIPANTS WITH DISABILITIES CALL JENNIFER HAMILTON (202) 664-7153.

NAME: \_\_\_\_\_  
(Last) (First) (Middle Initial)

ADDRESS: \_\_\_\_\_  
(Street) (Zip)

TELEPHONE: \_\_\_\_\_ D.O.B. \_\_\_\_\_ AGE: \_\_\_\_\_

CHECK PROPER CATEGORIES: ☐ MALE ☐ FEMALE ☐ 50 - 54 ☐ 55 - 59 ☐ 60 - 64  
☐ 65 - 69 ☐ 70 - 74 ☐ 75 - 79 ☐ 80 - 84 ☐ 85 - 89 ☐ 90+

PARTICIPANT SHIRT SIZE: ☐ MEDIUM ☐ LARGE ☐ X-LARGE ☐ XX-LARGE ☐ XXX-LARGE

EXTRA SHIRT(S) SIZE: ☐ MEDIUM ☐ LARGE ☐ X-LARGE ☐ XX-LARGE ☐ XXX-LARGE  
Extra shirt \$6.00 x \_\_\_\_\_ = \_\_\_\_\_

Name(s) \_\_\_\_\_

**DPR ON SITE REGISTRATION**

STARTS: THURSDAY, MARCH 30 AT NOON

ENDS: FRIDAY, MAY 12TH AT NOON

**ONLINE RESISTRATION DEADLINE**

SUNDAY, APRIL 30TH AT NOON

NO REFUNDS



(OVER)

# EVENT SHEET

(RETAIN A COPY OF ALL EVENTS ENTERED)

## TRACK EVENTS

- ☐ 10K Run
- ☐ 50 METER DASH
- ☐ 400 METER
- ☐ 1500 METER
- ☐ LONG JUMP
- ☐ 100 METER DASH
- ☐ 5K RUN
- ☐ 800 METER RUN
- ☐ FUN WALK
- ☐ 200 METER RUN
- ☐ 1500 METER RACE WALK

## SWIMMING EVENTS

- ☐ 500 YARD FREESTYLE
- ☐ 200 YARD FREESTYLE
- ☐ 200 YARD FREESTYLE RELAY
- ☐ 200 YARD BACKSTROKE
- ☐ 100 YARD BREASTSTROKE
- ☐ 50 YARD BACKSTROKE
- ☐ 100 YARD FREESTYLE RELAY
- ☐ 100 YARD BACKSTROKE
- ☐ 25 YARD BREASTSTROKE
- ☐ 200 YARD INDIVIDUAL MEDLEY

- ☐ 50 YARD BUTTERFLY
- ☐ 100 YARD FREESTYLE
- ☐ 25 YARD BACKSTROKE
- ☐ 50 YARD BREASTSTROKE
- ☐ 25 YARD FREESTYLE
- ☐ 100 YARD INDIVIDUAL MEDLEY
- ☐ 25 YARD BUTTERFLY
- ☐ 100 YARD BUTTERFLY
- ☐ 50 YARD FREESTYLE
- ☐ 200 YARD BREASTSTROKE
- ☐ 100 YARD MEDLEY RELAY

(Proper race technique Required)

**FIELD EVENTS** ALL TRACK AND FIELD EVENTS WILL BE HELD AT SPINGARN SENIOR HIGH SCHOOL

- ☐ SOFTBALL THROW
- ☐ FOOTBALL THROW
- ☐ SHOT PUT
- ☐ LONG JUMP
- ☐ SOFTBALL GAMES
- ☐ RACE WALK
- ☐ GOLF

## INDOOR

- ☐ PICKLEBALL

## ADDITIONAL EVENTS

- ☐ HORSESHOE PITCHING
- ☐ TABLE TENNIS (Singles)
- ☐ BILLIARDS 8-BALL (POOL)

## TENNIS

- ☐ SINGLES Participant Name \_\_\_\_\_ Age \_\_\_\_\_
- ☐ DOUBLES Partners Name \_\_\_\_\_ Age \_\_\_\_\_

## BASKETBALL EVENTS

- ☐ BASKETBALL THROW/SPOT SHOT
- ☐ MIXED DOUBLES
- ☐ 3 on 3 BASKETBALL Partners Name \_\_\_\_\_ Age \_\_\_\_\_

Team Name \_\_\_\_\_ (all team members must be registered)

## BOWLING

- ☐ SINGLES
- ☐ DOUBLES Partners Name \_\_\_\_\_ Age \_\_\_\_\_
- ☐ MIXED DOUBLES Partners Name \_\_\_\_\_ Age \_\_\_\_\_

## WAIVER

IN CONSIDERATION OF THE GRANTING OF THE REQUEST TO ENTER THE DC SENIOR GAMES. I, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL PARTICIPATING SPONSORS FROM ALL CLAIMS OF DAMAGES, DEMANDS OR ACTIONS WHATSOEVER IN ANY MANNER AS A RESULT OF MY PARTICIPATION IN SAID DISTRICT OF COLUMBIA SENIOR GAMES. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPETITION OF THIS EVENT AND MY PHYSICAL CONDITION HAS BEEN VERIFIED BY A LICENSED MEDICAL DOCTOR.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ PHONE: \_\_\_\_\_

PLEASE BE SURE TO SIGN AND COMPLETE ALL SECTIONS